

RESOURCE GUIDE



Office of
Mental Health



St. Lawrence County

This resource guide includes information about where you can find help in your local community. All the programs and services listed below allow you to self-refer and some may offer walk-in appointments.

Crisis Services & Support

Ogdensburg Behavioral Health Urgent Care Center

Mental health center with 24/7 walk-in capability
1003 Park St, Ogdensburg, NY 13669
(315) 713-9090
Psychiatric assessment, counseling, med management, peer support all available. Operated by Citizen Advocates.

Citizen Advocates Crisis Respite

Urgent care facility also offers voluntary respite stays.
1003 Park St, Ogdensburg, NY 13669
(315) 713-9090
Call or walk-in 24/7.

Mobile Crisis (Citizen Advocates)

24/7 number to call in moments of mental health crisis.
(315) 265-2422
Crisis team can rapidly meet you at home or in the community if necessary.

United Helpers After Hours Line

Call after hours for access to an on-call clinician.
(315) 323-9754
Standard clinic hours listed below.

Mental Health Treatment & Rehabilitation

Ogdensburg Behavioral Health Urgent Care Center

Facility has ability for 24/7 walk-in outpatient services.
1003 Park St, Ogdensburg, NY 13669
(315) 713-9090
Call or walk-in anytime, and your needs will be assessed.

Massena Behavioral Health Services

Outpatient clinic w/ mental health/substance use services.
16 Phillips St, Massena, NY 13662
(315) 764-8076
Hours: Mon-Fri 8 am-5 pm
Walk-ins accepted all day as space allows.

Gouverneur Wellness Center

Outpatient clinic with walk-in capability.
28 William St, Gouverneur, NY 13642
(315) 287-2811
Standard Hours: Mon-Thurs 7 am-5:30 pm, Fri 7 am-4 pm
Walk-In Hours: Arrive by 8:45 am on Wednesdays.

United Helpers Clinics

Outpatient clinics with after hours on-call support.
22 NY-310, Canton, NY 13617
8101 State Hwy. 68, Ogdensburg, NY 13669
Canton: (315) 386-0264 **Ogdensburg:** (315) 541-3042
Hours: Mon-Fri 8 am-4:30 pm. See above for after hours.

Claxton Outpatient Behavioral Health Center

Outpatient clinic.

214 King St, 4th Floor, Ogdensburg, NY 13669

(315) 713-5720

Hours: Mon-Fri, 8 am-4:30 pm

Call to inquire about intake.

St. Lawrence County Mental Health Clinic

County-run outpatient clinic.

80 State Hwy. 310, Suite 1, Canton, NY 13617

(315) 386-2048

Hours: Mon/Tues/Thurs/Fri 8 am-5 pm, Wed 8 am-7 pm

Call to inquire about intake.

Gouverneur Hospital Behavioral Health Clinic

Outpatient clinic w/ mental health/substance use services.

77 W. Barney St Suite 534, Gouverneur, NY 13642

(315) 261-5415

Hours: Mon-Thurs 8 am-6 pm, Fri 8 am-4 pm

Call to inquire about intake.

Ogdensburg Wellness Center

Outpatient clinic.

109 Ford St, Ogdensburg, NY 13669

(315) 394-0101

Hours: Mon/Tues/Fri 8 am-4:30 pm, Wed & Thurs 8 am-

6 pm. Call to inquire about intake.

Peer Support Services

S.T.E.P. by S.T.E.P. Drop-In Center

Informal, peer-focused setting for recovery.

1515 Knox St, Ogdensburg, NY 13669

(315) 394-0597

Hours: Monday—Friday, 8 am—12:30 pm

Transportation available upon request.

Ogdensburg Behavioral Health Urgent Care Center

Urgent care facility offers 24/7 peer support.

1003 Park St, Ogdensburg, NY 13669

(315) 713-9090

Call or drop in anytime.

Seaway House (Catholic Charities)

Psychosocial club for informal, group-focused recovery,

212 Caroline St, Ogdensburg, NY 13669

(315) 393-2255

Hours: Mon-Fri 9am-1:30pm

NAMI St. Lawrence & Jefferson Counties

Local chapter of national organization.

Program Information: (315) 605-8899

General Information: (315) 221-9062

Offers many free educational and support resources. Call to learn more.

Addiction or Substance Use Treatment and Support

Ogdensburg Behavioral Health Urgent Care Center

Urgent care facility offers substance use services.

1003 Park St, Ogdensburg, NY 13669

(315) 713-9090

Alcoholics Anonymous (AA):

Check aa-stlawrenceny.org for groups in area.

MATTERS Network

Substance use and peer support services

(765)-MATTERS

Telehealth appointments available daily 11 am– 11 pm.

Can prescribe or refer out to local outpatient services.

Narcotics Anonymous (NA): (315) 847-3842

Other Services

St. Lawrence County Department of Social Services

6 Judson St, Canton, NY 13617

(315) 379-2111

Hours: Monday—Friday, 8 am—4 pm

Call 211 after hours.

St. Lawrence County Single Point of Access (SPOA)

County program for mental health, support, and housing.

(315) 229-3550

Call between 8 am and 5 pm Monday—Friday. Program will link you to a variety of mental health resources. Even just calling can be very informative.

To find more mental health programs and services, visit our website at: www.omh.ny.gov



BeWell.ny.gov



Get Connected. Get Help.™